

# WILLKASARA SACRED EXPEDITIONS

## PERU

### **Sacred Rebirth Master Plant Medicine Retreat**



### **Awakening begins, healing takes place**

Starting April 23 ending May 1

### **9 Day Retreat**

#### **WHAT TO LOOK FORWARD TO**

We're living through a deeply transformation time right now, and here's an opportunity to ride the powerful wave so that it delivers more vitality, greater clarity, and a deeper sense of purpose. This is where the real transformation begins to take place.

Immerse into the heart of the Andes through the power of Plant Medicine, Teachings, Meditation Sacred Sites, Sacred music and Healing sessions. Dive deep into the ancient wisdom of healing through Plant Medicine. Return to your true self as we uncover the healers within. Throughout the intensive we will be in nature, in Machu Picchu and other Sacred sites, at the Willkasara Retreat and Ceremony Center with Sacred Plant Medicine guided by Peruvian

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Medicine Family Wachan, Martika and Shiqwarkenty with 40+ plus years of experience healing with Wachuma opening hearts awakening spirits.

Through this journey we will be in ceremony, in prayer, meditating, chanting, dancing and healing with Grand Father Wachuma and Mother Ayahuasca as our body, minds and spirits open to the ancient wisdom that lives within us and as us.

Each day is carefully thought-out to accommodate your needs and to give you the best experience while at the same time participating in sound healing and other ancient ceremonies to heal our minds, bodies, and spirits. We strive to help each person with their personal needs, for which we offer private healing sessions (upon request). We understand that in this modern world many of us lose the sacred connection with ourselves and Mother Earth. Our mission is to guide our retreat participants back to themselves and reestablish that divine connection with the sacred elements. Through prayer, plant medicine, sacred music, meditation, and our ancient ceremonies. Each day is a ceremony, a chance to transform, an opportunity to be reborn, and we promise to be there every step of the way...

**-Willkasara Sacred Expeditions-**

**WHO ARE THE WILLKASARA MEDICINE FAMILY ?** [Read our Bios at www.willkasara.org](#)

**Willkasara** a family of medicine people of the Andes of Peru and Colombia, have been sharing their teachings and plant medicine work with the global spiritual community for over 45 years. Sharing their knowledge through conferences, workshops, retreats, and Plant Medicine Ceremonies.

Their Permanent home is the Sacred valley of the Incas, where they facilitate custom retreats to personalize your healing journey in the Sacred Land of the Inkas. The Willkasara medicine family's mission is to guide each person back to themselves and uncover the healer with in, in order to

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achieve that mission, first we must liberate ourselves from trauma, addictions, losses and any obstacles that do not allow us to transcend and move forward in our spiritual growth.

Willkasara dedicates their life's mission to helping individuals and families unlock the wisdom we hold within. Over the years they have been carrying their traditions and sacred ceremonies across the world to share with those who's hearts are open for transformation. This Medicine family from the Andes of Peru and Colombia primarily work with sound therapy and Plant Medicine to help us achieve the spiritual breakthroughs many of us are searching for in this lifetime, to reconnect with ourselves and Mother Nature, heal our bodies, minds, and spirits as well as heal the past.



**Wachan Bajiyoperak**



**Shiqwarkenty Bajiyoperak**



**Martika Bajiyoperak**

### **WACHUMA MASTER PLANT MEDICINE:**

Wachuma is a sacred cactus from the Andes of Peru that has been used by Inka and Pre-Inka Civilizations for thousands of years to raise the collective consciousness of our societies and to connect Mankind with the spirit world.

Grandfather Wachuma is the key to the heavens, and to reawaken the heart of mankind This Sacred Plant Medicine reconnects you with the universal beauty, brings harmony, joy, peace, and balance into our lives. Many people with depression, anxiety, drug, and alcohol abuse have recovered fully through Wachuma Ceremonies.

Wachan has over 40 years of experience leading and facilitating Wachuma Plant Medicine Ceremonies around the world and helping many people recover from their ailments through his teachings and ceremonies.

“Our ceremonies are very sacred; we prepare ourselves during our whole life for this path to be a keeper of the sacred Medicines. We respect life and the Sacred Medicines; we are not experimenting with people. In the last 20 years, Wachuma and Ayahuasca have become very popular around the world because of their healing powers, at the same time this popularity has revealed a group of people from around the world who are confusing and misleading our ancient ways of ceremony that has been passed down generation after generation here in the Andes, claiming they are “shamans”. These confused people are misusing the power of the sacred plants for their own greed. Love is not blind, love is wise.

Our purpose and mission is to share with the world the magic and power of the Plant Medicine Wachuma in its authentic form in a safe and appropriate environment and to guide you into the magical and powerful land of the Andean Civilizations, Peru.

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## RETREAT ITINERARY

(Please note the retreat itinerary is subject to changes)

Overnight Flight from your home to Cusco departing April 22<sup>nd</sup> in the evening arriving to Cusco on April 23<sup>rd</sup> in the morning Returning home May 1<sup>st</sup> late evening

### Day :1 Arrival in Cusco Opening Ceremony April 23<sup>rd</sup>



Upon your arrival on this transforming Plant Medicine Retreat, we will have our first ceremony with Pachamama (Mother Earth) to request permission for the pilgrimage of healing and transformation we are about to embark upon. We will make our way to the Sacred Valley of the Inkas where we will all partake in an important welcoming ceremony.

We will head out on a 40-minute drive to Caicay the "head" of the Sacred Valley of the Inca's, where you will be staying to rest and acclimate for our beautiful journey ahead. Later in the evening we will gather for a sharing circle around the sacred fire as we set our intentions for this rebirth.

- ◆ **Night at: Yucaj Posada del Inka (4 star) or similar**
  - ◆ **Meals Included: Pic nic Lunch, Dinner**

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### Day 2: Ollantaytambo Fortress of Knowledge April 24<sup>th</sup>



Today we will be having an early start after breakfast to head to Ollantaytambo. Ollantaytambo is known as the 'Living Inca City'. Its inhabitants maintain some of the traditions inherited by their Inca ancestors. Ollantaytambo, the spectacular Incan fortress above the villages. Here we will have the opportunity to be at the Inti Huatana, a very important sun temple located at the top of Ollantaytambo. Ollantaytambo provides a very strong energetic vortex for manifestation.

We will head to a ceremonial ground here where many important rituals took place, here we will continue the sacred site activation of our chakras, aligning our body temple with mother nature in preparation for our first ceremony with Grandfather Wachuma

- ◆ **Night at Sacred Valley(4 star) or similar**
- ◆ **Meals Included: Breakfast, lunch, Dinner**

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**Day : 3 Mandor Waterfall cleansing, Plant Medicine Ceremony, and Ayni Pukara** April 25<sup>th</sup>



Today is a special day! After a light breakfast, we will board the train to Aguas Calientes.

Once we arrive we will go to the waterfalls of Mandor, this is an amazing botanical garden with an extraordinary ecosystem and hidden magic. We will walk for about 40 minutes.

Here in Mandor we will begin with a purifying ceremony at the sacred waters, followed by our first encounter with Grandfather Wachuma. We will be led in Sacred Ceremony by our Plant Medicine Guides, Wachan, Martika, and Shiqwarkenty, and the ancient music of the Andes, while we open our hearts for healing to take place in this garden of manifestation.

Later in the day, we will be part of the Ayni Pukara a traditional ceremony of the Q'ero People:

Since Ancestral times the Andean people have maintained a unique way of nurturing the connection with harmony of nature and elements of the Earth performing a Despacho or (prayer bundle).

This ceremony is a unique way of connecting the energy and spirits of nature. Generally, a Despacho is done to honor Mother Earth (Pachamama) and the nature spirits or Apus wich which take many forms, including Mountains, Oceans, Rivers, and Lakes. A Despacho is also done to express or manifest what we would like to attract into our lives or the lives of our family and community members. Is a way to practice the (Ayni ) reciprocity of giving and receiving. When we give back to Mother Earth and all our sacred elements we create balance and harmony in our Nature and our Lives. In this ceremony, we will create a beautiful Prayer Bundle all together using different elements of the three kingdoms Animal, Plants, and Minerals. This Despacho offering will be offered to the sacred fire

- ◆ **Night at: El Mapi (4 star) or similar**
- ◆ **Meals Included: Breakfast, Lunch**

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### Day 4 : Machu Picchu Sunrise and Plant Medicine Ceremony April 26<sup>th</sup>



Today, we will be rising early, will begin with a heart meditation, sun gazing and connection with the energy of this crystal city of light MachuPicchu. As the sun is rising, we are activating our heart chakra. We will then gather to prepare for the highlight of the day which will be our Plant Medicine Ceremony inside Machu Picchu, a very rare opportunity to sit in ceremony, to open our hearts and achieve the transformation we seek at this sacred site. During this special ceremony our Spiritual guide Wachan will guide us through Machu Picchu to show us the most important temples and altars of Machupicchu as we are also guided by Grandfather Wachuma through the land Of the Inkas to receive the messages of the ancient ones.

- ◆ **Night at: El Mapi (4 star) or similar**
  - ◆ **Meals Included: Breakfast, Box Lunch**

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### Day 5: Willoq (Ayni Reciprocity Service) – Moray April 27<sup>th</sup>



Today after breakfast we will board the train to head back to Cusco to visit Moray. Here in Moray there is an enormous Pre-Incan circular and semi-circular agricultural terraces. The Incas used them as a botanical laboratory for experimenting on plant domestication and acclimatization as well a ceremonial site that was used for many rituals.

Here we are going to have special Coca Leaf Ceremony honoring this temple of the medicinal plants.

- ◆ **Night at: Costa del Sol (4 star) or similar**
  - ◆ **Meals Included: Breakfast, lunch**



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### Day 6: Rainbow Mountain April 28<sup>th</sup>



Today we will be raising early to depart the hotel at 5:00 AM for this exciting adventure. The drive takes around 3 hours to get Hanchipacha community where we are going to stop for breakfast. We are then going to drive you 15 minutes to Quesiuno community (4,326 m / 14,189 ft.), where we are going to start with the hike of about 1 hour to the beautiful rainbow mountain (most of the way is going up you can go by horse if you wish at an addition cost not included ). On the way up we are going to enjoy amazing landscapes of herds of alpacas and llamas, the Ausangate Mountain and so much more.

When we finally reach our goal the Rainbow Mountain, we have a unique ceremony in this vortex. You will later have time to explore the area on your own.

After the amazing view and special ceremony on the mountain top, we are going down to the beginning of our trekking point, about 1 hour (Quesiuno community) where we are going to take our transportation to Hanchipacha community to have lunch and later head back to Cusco.

◆ **Night at: Costa del Sol (4 star) or similar**

◆ **Meals Included: Breakfast, Lunch, Dinner**

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**Day :7 Free Day in Cusco April 29<sup>th</sup>**



Today you will have the day to yourself to visit the city of Cusco and the most representative expressions of the Inka architecture and Spanish colonial art in the city. This is a great day to have a private healing session.

**Night at: Costa del Sol (4 star) or similar**

**Meals : Breakfast**

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**Day :8 Sacsayhuaman, Temple of the Moon, Ayahuasca Ceremony April 30<sup>th</sup>**



Today after breakfast we will be having more powerful ceremonies in this sacred temple Sacsayhuaman, which means "Decorated head of the Puma," a sacred Inca site. This fortress/temple complex was the ruling palace of the Inca where the living god directed his people. One of the most important religious centers of the Inka's considered the house of the Sun during the Inka's time. Here we will have a chance cross the Pakarina (rebirth tunnel ) which consist in an ancient cleansing. Sacsayhuaman is a perfect place for meditation and connecting our spirit with Mother Earth, closing a cycle ,integration and cleansing. We will have a second stop at the Temple of the Moon, a hidden temple and vortex of healing.

◆ **Meals Included: Breakfast, Pic nic lunch**

**Night at: Willkasara Retreat Center**

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### Day 9: Tipon Closing Ceremony and Integration May 1<sup>st</sup>



After breakfast in the morning hours we will head to Tipon, Located to the east of Cusco, the Temple of the Sacred waters that is still functioning and continues watering crops to this day! Here we will have a closing ceremony and integration after receiving the gifts of this land, our guides, and sacred Plant Medicines that were a part of our journey will have time to explore on our own, afterwards we will return to the city of Cusco for your departure in the evening.

Please be sure that your flight departure is after noon (12:00PM)

- ◆ **Meals Included: Breakfast, box Lunch,**  
End of Service

Departure flight in the evening of May 1st

### Retreat Details

#### Retreat Prices:

#### 4 Star Hotels

\$2,850 **Double** Rooms

\$3,000 **Single** Rooms

#### This unique Plant Medicine Retreat Includes:

- ◆ Entrances fees to all archeological sites included in the itinerary
- ◆ 8 *Breakfasts*
- ◆ 8 Lunches
- ◆ 3 Dinners

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- ◆ 8-night accommodations
- ◆ Train tickets to and from Machu Picchu
- ◆ 4 \* Hotels and accommodations (or 5\* hotels if chosen)
- ◆ ALL CEREMONIES AND TEACHINGS
- ◆ Ayni Pukara ceremony
- ◆ 2 Wachuma Plant Medicine Ceremonies
- ◆ 1 Ayahuasca Ceremony
- ◆ Water purification Ceremony
- ◆ Machu Pichu sunrise ceremony
- ◆ Sound Healing
- ◆ Plant Medicine Introduction
- ◆ Introduction to the Andean ways of healing
- ◆ Private Ground transportation
- ◆ English speaking specialist guides
- ◆ Touring and excursions as per itinerary
- ◆ Chakra balancing
- ◆ Integration
- ◆ Airport arrival and departure transfer (there will only be **one** time of transfer **to and from** Airport for ALL passengers)
- ◆ Snacks at retreat center

### **Dose not INCLUDE :**

- ◆ Domestic flight tickets
- ◆ Tips
- ◆ Personal expenses
- ◆ Private healing session
- ◆ Donations
- ◆ Meals not mentioned or indicated by tour facilitator
- ◆ Beverages at mealtime

1. Negative PCR test to enter PERU (may change by travel date)

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### 2. Copy of Passport must be sent in order to book the retreat

We strongly recommend that all guests be fully vaccinated for the comfort and protection of all guests and tour leaders, however we respect each person's medical liberty. We require you to use a facemask in public places during this retreat in vehicles and in confined spaces as established by Peruvian Law REGARDLESS of immunity status.

We do not take responsibility for the infection of Covid-19 or variants of any and all passengers on, during, or as a result of this retreat.

#### Refund Information

- *No full or partial refunds, no exceptions.*

#### PAYMENT DETAILS

- 2 INSTALLMENT PAYMENT PLANS AVAILABLE

First payment due by March 15<sup>th</sup> 2022

Second Payment due by April 15<sup>th</sup> 2022

Payments accepted via Zelle [Willkasara@yahoo.com](mailto:Willkasara@yahoo.com)

Or

Chase Bank Wire: Routing number 322271627

Account number 808947110

Once payment is made, please send a copy to [willkasara@yahoo.com](mailto:willkasara@yahoo.com)

*For question or concerns: 323 984 8509*

**Itinerary schedule is subject to changes**

