

WILLKASARA SACRED EXPEDITIONS

PERU

SACRED REBIRTH MASTER PLANT MEDICINE INTENSIVE



March 24th – 30th , 2023

Awakening begins, healing takes place

WHAT TO LOOK FORWARD TO

We're living through a deeply transformation time right now, and here's an opportunity to ride the powerful wave so that it delivers more vitality, greater clarity, and a deeper sense of purpose. This is where the real transformation begins to take place.

Immerse into the heart of the Andes through the power of Plant Medicine, Teachings, Meditation Sacred Sites, Sacred music and Healing sessions. Dive deep into the ancient wisdom of healing through plant Medicine . Return to your true self as we uncover the healers with in on this 4 day 5 night plant medicine intensive we will be in nature, in Machu Picchu, at the Willkasara Retreat and Ceremony Center with Sacred Plant Medicine guided by Peruvian

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Medicine Family Wachan, Martika and Shiqwarkenty with 40+ plus years of experience healing with Wachuma opening hearts awakening spirits.

Through this journey we will be in ceremony, in prayer, meditating, chanting, dancing and healing with Grand Father Wachuma as our body minds and spirits open to the ancient wisdom that lives within us and as us heal your emotional body, mind and spirit .

Each day is carefully thought-out to accommodate your needs and to give you the best experience possible while at the same time participating in sound healing and other ancient ceremonies to heal our minds, bodies and spirits. We strive to help each person with their personal needs, for which we offer private healing sessions (upon request). We understand that in this modern world many of us loose the sacred connection with ourselves and Mother Earth. Our mission is to guide our retreat participants back to themselves and reestablish that divine connection with the sacred elements. Through prayer, plant medicine, sacred music, meditation and our ancient ceremonies. Each day is a ceremony, a chance to transform, an opportunity to be reborn, and we promise to be their every step of the way...

-Willkasara Sacred Expeditions-

WHO ARE THE WILLKASARA MEDICINE FAMILY ? [Read our Bios at www.willkasara.org](http://www.willkasara.org)

Willkasara a family of medicine people of the Andes of Peru and Colombia, have been sharing their teachings and plant medicine work with the global spiritual community for over 45 years. Sharing their knowledge through conferences, workshops, retreats, and Plant Medicine Ceremonies.

Their Permanent home is the Sacred valley of the Incas, where they facilitate custom retreats to personalize your healing journey in the Sacred Land of the Inkas. The Willkasara medicine family's mission is to guide each person back to themselves and uncover the healer with in, in order to

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achieve that mission, first we must liberate ourselves from trauma, addictions, losses and any obstacles that do not allow us to transcend and move forward in our spiritual growth.

Willkasara dedicates their life's mission to helping individuals and families unlock the wisdom we hold within. Over the years they have been carrying their traditions and sacred ceremonies across the world to share with those who's hearts are open for transformation. This Medicine family from the Andes of Peru and Columbia primarily work with sound therapy and Plant Medicine to help us achieve the spiritual breakthroughs many of us are searching for in this lifetime, to reconnect with ourselves and Mother Nature, heal our bodies, minds, and spirits as well as heal the past.



Wachan Bajiyoperak



Shiqwarkenty Bajiyoperak



Martika Bajiyoperak

WACHUMA MASTER PLANT MEDICINE :

Wachuma is a sacred cactus from the Andes of Peru that has been used by Inka and Pre-Inka Civilizations for thousands of years to rise the collective consciousness of our societies and to connect Mankind with the spirit world.

Grandfather Wachuma is the key to the heavens, and to reawaken the heart of mankind. This Sacred Plant Medicine reconnects you with the universal beauty, brings harmony, joy, peace and balance into our lives. Many people with depression, anxiety, drug and alcohol abuse have recovered fully through Wachuma Ceremonies.

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Wachan has over 40 years of experience leading and facilitating Wachuma Plant Medicine Ceremonies around the world and helping many people recover of their ailments through his teachings and ceremonies.

“Our ceremonies are very sacred; we prepare ourselves during our whole lifetime for this path to be a keeper of the sacred Medicines. We respect life and the Sacred Medicines; we are not experimenting with people. In the last 20 years Wachuma and Ayahuasca have become very popular around the world because of their healing powers, at the same time this popularity has revealed a group of people from around the world who are confusing and misleading our ancient ways of ceremony that has been passed down generation after generation here in the Andes, claiming they are “shamans”. These confused people are misusing the power of the sacred plants for their own greed. Love is not blind, love is wise.

My purpose and mission is to share with the world the magic and power of the Plant Medicine Wachuma in its authentic form in a safe and appropriate environment and to guide you into the magical and powerful land of the Andean Civilizations, Peru.

RETREAT ITINERARY

(Please note during these special times throughout the globe, the retreat itinerary is subject to changes)

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Day :1 Cusco Opening Ceremony – Caicay (March 24)



Upon your arrival on this transforming Plant Medicine Intensive, we will have our first ceremony with Pachamama (Mother Earth) to request permission for the pilgrimage of healing and transformation we are about to embark upon. We will make our way to the entrance of the Sacred Valley where we will all partake in this welcoming ceremony.

We will then head out on a 40-minute drive to Caicay the "head" of the Sacred Valley of the Incas, where you will be staying over the next few days at the Willkasara Retreat and Ceremony Center to rest and acclimate for our life changing journey ahead.

Later in the evening we will gather for a sharing circle around the sacred fire as we set our intentions for this rebirth.

- ◆ **Night at: Willkasara Retreat Center**
- ◆ **Meals Included: Lunch, Dinner**

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Day 2: Ollantaytambo Fortress of Knowledge (March 25)



Today we will be having an early start after breakfast to head to Ollantaytambo. Ollantaytambo is known as the 'Living Inca City'. Its inhabitants maintain some of the traditions inherited by their Inca ancestors. Ollantaytambo, the spectacular Incan fortress above the villages is famous as one of the few places where the Inca defeated the conquistadors in battle. Here you learn how the Inca maneuvered huge blocks of stone from the riverbanks below to the steep cliffs above to build their terraced temple. We will then begin our hike to the Inca granaries of Pinkulluna, this moderate, 1.5-hour hike explores the Inca ruins that can be seen from town on the hillside opposite the Ollantaytambo fortress. The larger buildings were used for agricultural storehouses called colcas. Along with the multiple Inca sites, this steep hike offers great elevated views of Ollantaytambo and the fortress. Here we will also have the opportunity to be at the Inti Huatana, a very important sun temple located at the top of Ollantaytambo where we will be working with our crown chakras and third eye.

We will then head over to a ceremonial ground here in Ollantaytambo where many important rituals took place, here we will continue the sacred site activation of our chakras aligning our body temple with mother nature in preparation for our first ceremony with Grandfather Wachuma

Later in the day we will board the Train to the Crystal City of Light, Machu Picchu.

- ◆ **Night at: Salkantay Inn**
- ◆ **Meals Included: Breakfast, lunch**

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Day : 3 Mandor Waterfall cleansing and Plant Medicine Ceremony (March 26)



Today is a special day! After a light breakfast we will go to the waterfalls of Mandor, this is an amazing botanical garden with an extraordinary eco system. We will walk for about 40 minutes to a magical garden of manifestation where we will begin with a purifying ceremony with these sacred waters, here we will have our first encounter with Grandfather Wachuma our first Plant Medicine Ceremony in these sacred lands. We will be lead in Sacred Ceremony by our Plant Medicine Guides, Wachan, Martika, and Shiqwarkenty and the Ancient music of the Andes, while we open our hearts for healing to take place in this garden of manifestation.

- ◆ **Night at: Salkantay Inn**
- ◆ **Meals Included: Breakfast, Lunch**

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Day 4 : Machu Picchu Sunrise and Plant Medicine Ceremony (March 27) Sacred Sites activation



Today, we will be rising early, will begin with a meditation sun gazing and connection with the energy of this crystal city of light MachuPicchu with a sunrise ceremony in preparation for the highlight of the day which will be our Plant Medicine ceremony inside Machu Picchu, a very rare opportunity to sit in ceremony to open our hearts and achieve the transformation we seek during this special ceremony our Spiritual guide Wachan will guide us through Machu Pichu to show us the most important temples and altars of Machupicchu as we are also guided by GrandFather Wachuma through the land Of the Inkas to receive the messages of the ancient ones.

- ◆ **Night at: Salkantay Inn**
- ◆ **Meals Included: Breakfast, Dinner**

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Day :5 Free Day in Cusco Mar 28



Today after breakfast we will have time to explore the city on your own. There is many museums, chapels and temples to explore a great day to integrate after all the beauty we have seen these past days.

Meals : Breakfast,

Night at: Costa del Sol

- ◆ **Night at: Willkasara Retreat Center**
- ◆ **Meals Included: Breakfast, Light lunch, Dinner**

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Day :6 Wachuma Ceremony- I n k i l l t a m b o (March 29th)



Today you will be picked up by the bus at 9:30. We will be having a special hike today to Inkilltambo near the Temple of the Moon. Along the way there are waterfalls, and many places we can get in the water.

We will be out late so please bring the following:

Hat

Warm cloths (we will be out late)

Flashlights

Snackas

Water

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Day :7 Closing Ceremony Sacsayhuaman (Macrh 30th)



Today we will be having our closing ceremony in this sacred place Sacsayhuaman, great walled complex which means "Decorated head of the Puma," a sacred Inca site. This fortress/temple complex was the ruling palace of the Inca where the living god directed his people. One of the most important religious centers of the Inka's considered the house of the Sun during the Inka's time. Here we will have a chance cross the Pakarina (rebirth tunnel) which consist in a ancient cleansing ceremony to finalize the last step of our transformational journey . Sacsayhuaman is a perfect place for meditation and connecting our spirit with Mother Earth, closing a cycle and preparing for our journey home.

- ◆ (there will only be **one** time of transfer **to and from Airport** for ALL passengers)

- ◆ **Meals Included: Breakfast, Lunch**

End of Service

Retreat Details

Trip Cost Per Person:

\$3,850 Single Occupancy Rooms

\$3,750 Double Occupancy Rooms

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This unique Plant Medicine Intensive Includes :

- ◆ Entrances fees to all archeological sites included in the itinerary (*Please note that due to the pandemic many changes can occur with entrances to the archeological sites such as Machu Picchu Willkasara Sacred Expeditions and our representatives will not be liable for those changes*)
- ◆ 6 Breakfasts
- ◆ 6 Lunches
- ◆ 3 Dinners
- ◆ Train tickets to and from Machu Picchu
- ◆ Hotels and accommodations
- ◆ ALL CEREMONIES AND TEACHINGS
- ◆ Ayni Pukara ceremony
- ◆ 3 Wachuma Plant Medicine Ceremonies
- ◆ Water purification Ceremony
- ◆ Machu Picchu sunrise ceremony
- ◆ Sound Healing
- ◆ Plant Medicine Introduction
- ◆ Introduction to the Andean ways of healing
- ◆ Ground transportation
- ◆ English speaking specialist guides
- ◆ Touring and excursions as per itinerary
- ◆ Airport arrival and departure transfer (there will only be **one** time of transfer **to and from Airport** for ALL passengers)

Dose not INCLUDE :

- ◆ Domestic flight tickets
- ◆ Tips
- ◆ Personal expenses
- ◆ Private healing session
- ◆ Donations
- ◆ Meals not mentioned or indicated by tour facilitator
- ◆ Beverages at mealtime

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We require a Negative PCR test returning from MachuPicchu.

We strongly recommend that all guests be fully vaccinate for the comfort and protection of all guest and tour leaders, however we respect each person's medical liberty. We require you to use a facemask in public places during this retreat in vehicles and in confined spaces as established by Peruvian Law REGARDLESS immunity status.

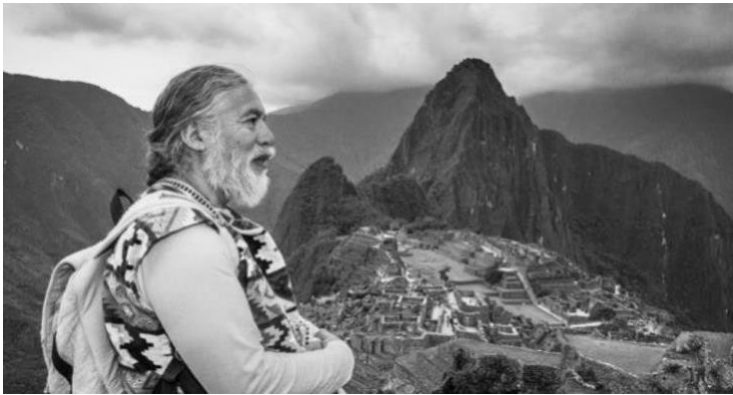
We do not take responsibly for the infection of Covid- 19 or variants of any and all passenger on, during, or as a result of this retreat.

Refund Information

- **No full or partial refunds**, no exceptions.
- Retreat must be paid in full **1 month prior retreat date**

Itinerary schedule is subject to changes at any time

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Our Spiritual guide Wachan Bajiyoperak

Wachan Bajiyoperak, born and raised in Cusco Peru comes from a lineage of Medicine People. His lineage is related to the Waro Panaca, a pre-Inka Society. He has received the teaching of both his mother and father. His Mother was a gifted Midwife and skilled herbalist. Wachan's father was a very well-known Chawpy Misa carrier (Inka priest) "I feel blessed to have been born in such a sacred land, and to have the privilege of caring on the ancient teachings and following the path of the ancient ones."

At the age of 7 Wachan's mother gifted him a Quena (Andean flute) to nourish his musical gifts. One day by the river side she gifted him this special flute saying " this will be your lifelong friend." within a

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A few days Wachan was already playing the traditional songs his mother would sing daily. From this day on Wachan began his journey as a Harawico which translates to Alchemist of Sound.

At the age of 7 this playful boy, Wachan would accidentally break his flute, his loving mother would replace it with a new one every time it broke, until one day she stopped bringing new flutes. This was the day that Wachan began building his own flutes. Since this day he has been building the traditional instruments of the Andes and studying the pre-Inka and Inka instruments.

In the 1980's Wachan and the Japanese icon Iso Tomita made a music video in the Nazca Lines of Peru, called " Song of the Universe " he later performed in Japan with the ocarina Master, Sojiro in Japan. These were the beginning of Wachan's journey through the world sharing his music.

In the 1970's Wachan founded his first musical group " Apu Pachatusan" a cultural Group whose mission is to study, practice and keep the ancient heritage and ancient music alive.

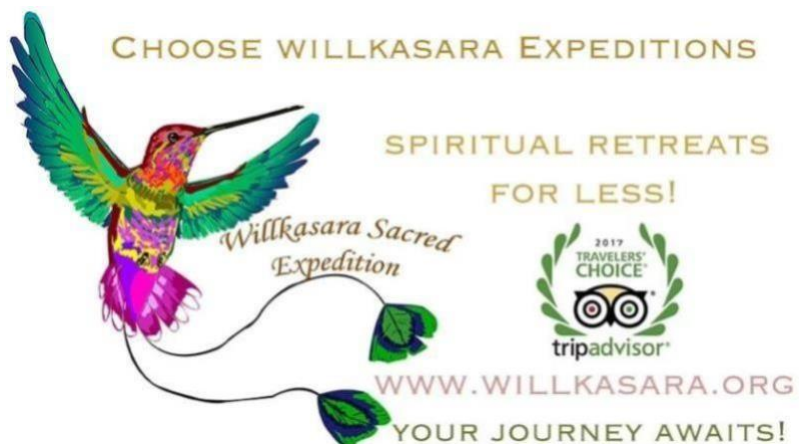
Currently Wachan travels around the world, sharing the teaching of the ancient ones, through workshops, conferences, Plant Medicine Ceremonies, and spiritual retreats in the Andes of Peru.

Wachan considers himself a Harawico, which translates to Alchemist of Sound. He is a gifted Inka and pre-Inka instrument builder, composer and keeper of the sacred Andean Music. Wachan is a skilled sound therapist, herbalist and Plant Medicine facilitator, helping people reconnect with themselves, through Mother Earth, Pachamama.

Wachuma is a cactus from the Andes of Peru that has been used by Inka and Pre-Inka Civilizations for thousands of years to raise the collective consciousness of our societies and to connect Mankind with the spirit world.

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