WILLKASARA SACRED EXPEDITIONS

PERU
SACRED REBIRTH MASTER PLANT MEDICINE INTENSIVE

Awakening begins, healing takes place

October 1st -9th, 2022

9 Day Retreat

WHAT TO LOOK FORWARD TO

We're living through a deeply transformation time right now, and here's an opportunity to ride the powerful wave so that it delivers more vitality, greater clarity, and a deeper sense of purpose. This is where the real transformation begins to take place.

Immerse into the heart of the Andes through the power of Plant Medicine, Teachings, Meditation Sacred Sites, Sacred music and Healing sessions. Dive deep into the ancient wisdom of healing through Plant Medicine. Return to your true self as we uncover the healers within. Throughout the intensive we will be in nature, in Machu Picchu, at the Willkasara Retreat and Ceremony Center with Sacred Plant Medicine guided by Peruvian

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Medicine Family Wachan, Martika and Shiqwarkenty with 40+ plus years of experience healing with Wachuma opening hearts awakening spirits.

Through this journey we will be in ceremony, in prayer, meditating, chanting, dancing and healing with Grand Father Wachuma as our body minds and spirits open to the ancient wisdom that lives within us and as us heal your emotional body, mind and spirit .

Each day is carefully thought-out to accommodate your needs and to give you the best experience possible while at the same time participating in sound healing and other ancient ceremonies to heal our minds, bodies and spirits. We strive to help each person with their personal needs, for which we offer private healing sessions (upon request). We understand that in this modern world many of us loose the sacred connection with ourselves and Mother Earth. Our mission is to guide our retreat participants back to themselves and reestablish that divine connection with the sacred elements. Through prayer, plant medicine, sacred music, meditation and our ancient ceremonies. Each day is a ceremony, a chance to transform, an opportunity to be reborn, and we promise to be their every step of the way...

-Willkasara Sacred Expeditions-

WHO ARE THE WILLKASARA MEDICINE FAMILY ? Read our Bios at **www.willkasara.org**

Willkasara a family of medicine people of the Andes of Peru and Colombia, have been sharing their teachings and plant medicine work with the global spiritual community for over 45 years. Sharing their knowledge through conferences, workshops, retreats, and Plant Medicine Ceremonies.

Their Permanent home is the Sacred valley of the Incas, where they facilitate custom retreats to personalize your healing journey in the Sacred Land of the Inkas. The Willkasara medicine family's mission is to guide each person back to themselves and uncover the healer with in, in order to

achieve that mission, first we must liberate ourselves from trauma, addictions, losses and any obstacles that do not allow us to transcend and move forward in our spiritual growth.
Willkasara dedicates their life's mission to helping individuals and families unlock the wisdom we hold within. Over the years they have been carrying their traditions and sacred ceremonies across the world to share with those who's hearts are open for transformation. This Medicine family from the Andes of Peru and Colombia primarily work with sound therapy and Plant Medicine to help us achieve the spiritual breakthroughs many of us are searching for in this lifetime, to reconnect with ourselves and Mother Nature, heal our bodies, minds, and spirits as well as heal the past.

Wachan Bajiyoperak

Shiqwarkenty Bajiyoperak

Martika Bajiyoperak

WACHUMA MASTER PLANT MEDICINE:

Wachuma is a sacred cactus form the Andes of Peru that has been used by Inka and Pre-Inka Civilizations for thousands of years to rise the collective consciousness of our societies and to connect Mankind with the spirit world.

Grandfather Wachuma is the key to the heavens, and to reawaken the heart of mankind
This Sacred Plant Medicine reconnects you with the universal beauty, brings harmony, joy, peace and balance into our lives. Many people with depression, anxiety, drug and alcohol abuse have recovered fully through Wachuma Ceremonies.

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Wachan has over 40 years of experience leading and facilitating Wachuma Plant Medicine Ceremonies around the world and helping many people recover of their ailments through his teachings and ceremonies.

“Our ceremonies are very sacred; we prepare ourselves during our whole lifetime for this path to be a keeper of the sacred Medicines. We respect life and the Sacred Medicines; we are not experimenting with people. In the last 20 years Wachuma has become very popular around the world because of their healing powers, at the same time this popularity has revealed a group of people from around the world who are confusing and misleading our ancientways of ceremony that has been passed down generation after generation here in the Andes, claiming they are “shamans”. These confused people are misusing the power of the sacred plantsfor their own greed. Love is not blind, love is wise.

My purpose and mission is to share with the world the magic and power of the Plant Medicine Wachuma in its authentic form in a safe and appropriate environment and to guide you into the magical and powerful land of the Andean Civilizations, Peru.

RETREAT ITINERARY

(Retreat itinerary is subject tochanges)

Overnight Flight from USA to Cusco departing September 20th in the evening arriving to Cusco on October 1st in the morning

Day :1 Arrival in Cusco- Rest and Acclimation Oct 1

Upon your arrival on this transforming Plant Medicine Intensive, we will make our way to the the Sacred Valley on a 40-minute drive to Yucay the "head" of the Sacred Valley of the Inca's, where we will be staying to rest and acclimate for our life changing journey ahead. Later in the evening we will gather for a sharing circle around the sacred fire as we set our intentions for this rebirth.

- **Night at: Yucay Posada del Inka**
- **Meals Included: Lunch, Dinner**

Day 2: Ollantaytambo Fortress of Knowledge Oct 2

Today we will be having an early start after breakfast to head to Ollantaytambo. Ollantaytambo is known as the 'Living Inca City'. Its inhabitants maintain some of the traditions inherited by their Inca ancestors. Ollantaytambo, the spectacular Incan fortress above the villages. Here we will have our opening ceremony to request permission to enter this sacred land. We will then visit Inti Huatana, a very important sun temple located at the top of Ollantaytambo.Ollantaytambo provides a very strong energetic vortex for manifestation.

We will head to a ceremonial ground here in Ollantaytambo where many important rituals took place, here we will continue the sacred site activation of our chakras aligning our body temple with mother nature in preparation for our first ceremony with Grandfather Wachuma

- **Night at: Yucay Posada del Inka**
- **Meals Included: Breakfast, lunch**

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Day : 3 Mandor Waterfall cleansing, Plant Medicine Ceremony, and Ayni Oct 3

Today is a special day! After a light breakfast we will go to the waterfalls of Mandor, this is an amazing botanical garden with an extraordinary eco system and hidden magic. We will walk for about 40 minutes.

Here in Mandor we will begin with a purifying ceremony at the scared waters, followed by our first encounter with Grandfather Wachuma. We will be lead in Sacred Ceremony by our Plant Medicine Guides,Wachan, Martika, and Shiqwarkenty and the Ancient music of the Andes, while we open our hearts for healing to take place in this garden of manifestation.

Later in the day we will be part of the Ayni Pukara a traditional ceremony of the Q'ero People:

Since Ancestral times the Andean people have maintained a unique way of nurturing the connection with harmony of nature and elements of the Earth performing a Despacho or (prayer bundle). Ceremony is a unique way of connecting the energy and spirits of nature. Generally, a Despacho is done to honor Mother Earth (Pachamama) and the nature spirits or Apus wich which takes many forms, including Mountains, Oceans, Rivers and Lakes. A Despacho is also done to express or manifest what we would like to attract into our lives or the lives of our family and community members. Is a way to practice the (Ayni) the reciprocity of giving and receiving. When we give back to our Mother Earth and all our sacred elements, we create balance and harmony in our Nature and our Lives. In this ceremony we will create a beautiful Prayer Bundle all together using different elements of the three kingdoms Animal, Plants, and Minerals. This Despacho offering will be offered to the sacred fire

- **Night at: El Mapi**
- **Meals Included: Breakfast, Lunch**

Day 4 : Machu Picchu Plant Medicine Ceremony Oct 4

Today, we will be heading up to Machupicchu in the morning. Will begin with a heart meditation, sun gazing and connection with the energy of this crystal city of light MachuPicchu .

We will then gather to prepare for the highlight of the day which will be our Plant Medicine Ceremony inside Machu Picchu, a very rare opportunity to sit in ceremony to open our hearts and achieve the transformation we seek at this sacred site. During this special ceremony our Spiritual guide Wachan will guide us through Machu Picchu show us the most important temples and altars of Machupicchu as we are also guided by Grandfather Wachuma through the land of the Inkas to receive the messages of the ancient ones.

- **Night at: El Mapi**
- **Meals Included: Breakfast, picnic lunch, Dinner**

Day 5: Moray Archeological Site Oct 5

Today after breakfast we will head back to Cusco to visit Moray. Here in Moray there is an enormous Pre-Incan circular and semi-circular agricultural terraces. The Incas used them as a botanical laboratory for experimenting on plant domestication and acclimatization as well a ceremonial site that was used for many rituals. Here we will have time to also explore on our own.

Night at: Costa del Sol

Meals Included: Breakfast, Lunch

Day 6 : Temple of the Moon Inkilltambo - Plant Medicine Ceremony Oct 6

Today you will be picked up by the bus at 9:30. We will be having a special hike today to Inkilltambo near the Temple of the Moon. Along the way there are waterfalls, and many places we can get in the water.

We will be out late so please bring the following:
Hat
Warm cloths (we will be out late)
Flashlights
Snackas
Water

Night at: Costa del Sol

- **Meals Included: Breakfast, Lunch,snacks**

Day :7 Free Day in Cusco Oct 7

Today after breakfast we will have time to explore the city on your own. There is many museums, chapels and temples to explore a great day to integrate after all the beauty we have seen these past days.

Meals : Breakfast,

Night at: Costa del Sol

Day 8 : Rainbow Mountain Oct 8

Today we will Be raising early to depart the hotel at 5:00 AM for this exciting adventure.
The drive takes around 3 hours to get Hanchipacha community where we are going to stop for breakfast. We are then going to drive you 15 minutes more to Quesiuno community (4,326 m / 14,189 ft.), where we are going to start with the trekking of about 1 hour to the rainbow mountain (most of the way is going up you can go by horse is you wish at an addition cost not included). On the way up we are going to enjoy amazing landscapes of herds of alpacas and llamas, the Ausangate Mountain. When we finally reach our goal the Rainbow Mountains (5,020 m / 16,466 ft.), you will have time to explore the area, here we will have a unique ceremony with Willkasara

This is a great place offer a short meditation/ teaching as we have to hike back down.

After our time here we are going down to the beginning of our trekking point, 1 hour approx. (Quesiuno community) where we are going to take our transportation to Hanchipacha community to have lunch and later head back to Cusco.

- ♦ **Night at: Costa del Sol**
- ♦ **Meals Included: Breakfast, Lunch, Farewell Dinner**

End of service

Day 9: Return Home Oct 9

Today you will be heading back home, airport drop off included.

- ♦ **Meals Included: Breakfast**

End of service

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Retreat Details

Retreat Price Per Person including Ceremonies Teachings & Accommodations:

4 star hotels

$3,890 **Double** Rooms
$3,990 **Single** Rooms

This unique Plant Medicine Intensive Includes:

- Entrances fees to all archeological sites included in the itinerary (*Please note that due to the pandemic many changes can occur with entrances to the archeological sites such as Machu Picchu Willkasara Sacred Expeditions and our representatives will not be liable for those changes)*
- *8 Breakfasts*
- 7 Lunches
- 3 Diners
- Snack at retreat center
- Train tickets to and from Machu Picchu
- 4 * Hotels and accommodations
- ALL CEREMONIES AND TEACHINGS
- Ayni Pukara ceremony
- 3 Wachuma Plant Medicine Ceremonies
- Water purification Ceremony
- Machu Pichu sunrise ceremony
- Sound Healing
- Plant Medicine Introduction
- Introduction to the Andean ways of healing

- Private Ground transportation
- English speaking specialist guides
- Touring and excursions as per itinerary
- Chakra balancing
- Integration
- Airport arrival and departure transfer (there will only be one time of transfer to and from Airport for ALL passengers)

Dose not INCLUDE :

- Domestic flight tickets
- Tips
- Personal expenses
- Private healing session
- Donations
- Meals not mentioned or indicated by tour facilitator
- Beverages at mealtime

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We require a Negative PCR test returning from MachuPicchu.

We strongly recommend that all guests be fully vaccinate for the comfort and protection of all guest and tour leaders, however we respect each person's medical liberty. We require you to use a facemask in public places during this retreat in vehicles and in confined spaces as established by Peruvian Law REGUARDLESS immunity status.

We do not take responsibly for the infection of Covid- 19 or variants of any and all passenger on, during, or as a result of this retreat.

Refund Information

- ***No full or partial refunds***, no exceptions.
- Retreat must be paid in full 1 month prior retreat date

Itinerary schedule is subject to changes at any time

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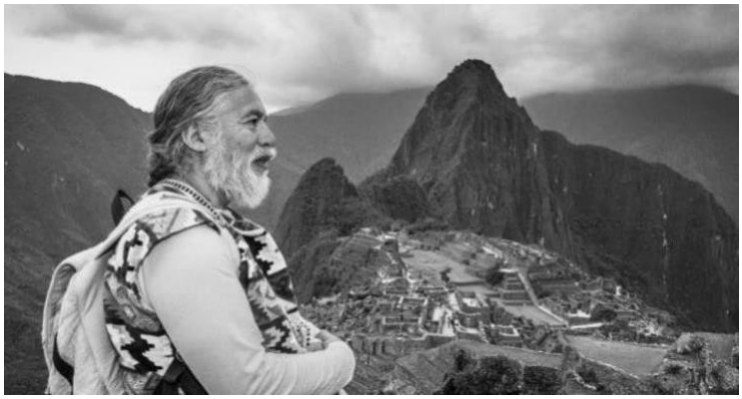


Our Spiritual guide Wachan Bajiyoperak

Wachan Bajiyoperak, born and raised in Cusco Peru comes from a lineage of Medicine People. His lineage is related to the Waro Panaca, a pre-Inka Society. He has received the teaching of both his mother and father. His Mother was a gifted Midwife and skilled herbalist. Wachan's father was a very well-known Chawpy Misa carrier (Inka priest) "I feel blessed to have been born in such a sacred land, and to have the privilege of caring on the ancient teachings and following the path of theancient ones."

At the age of 7 Wachan's mother gifted him a Quena (Andean flute) to nourish his musical gifts. Onday by the river side she gifted him this special flute saying " this will be your lifelong friend." within a

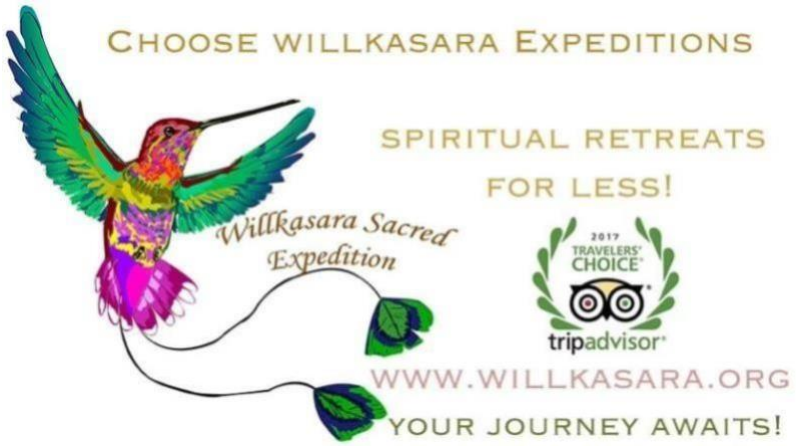
ffew daysWachan was already playing the traditional songs his mother would sing daily.
Form this day on Wachan began his journey as a Harawico which translates to Alchemist of Sound.

At the age of 7 this playful boy, Wachan would accidentally break his flute, his loving mother would replace it with a new one every time it broke, until one day she stopped brining new flutes. This wasthe day that Wachan began building his own flutes. Since this day he has been building the traditional instruments of the Andes and studying the pre-Inka and Inka instruments.

In the 1980's Wachan and the Japanese icon Iso Tomita made a music video in the Nazca Lines ofPeru, called " Song of the Universe " he later preformed in Japan with the ocarina Master, Sojiro inJapan. These was the beginning of Wachan's journey through the world sharing his music.

In the 1970's Wachan founded his first musical group " Apu Pachatusan" a cultural Group who'smission is to study, practice and keep the ancient heritage and ancient music alive.

Currently Wachan travels around the world, sharing the teaching of the ancient ones, through workshops, conferences, Plant Medicine Ceremonies, and spiritual retreats in the Andes of Peru.

Wachan considers himself a Harawico, which translates to Alchemist of Sound. He is a gifted Inkaand pre-Inka instrument builder, composer and keeper of the sacred Andean Music. Wachan is a skilled sound therapist, herbalist and Plant Medicine facilitator, helping people reconnect with themselves, through Mother Earth, Pachamama.

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